

## Authentic Ayurveda **Panchakarma** Treatment



#### SPA | GYM | SALON | AYURVEDA WELLNESS





# GRAND MACHAL RESORTS & CLUBS PRIVATE LIMITED

- NH 47, Indore-Dhar Road (Gram Machal) Indore
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- thegrandmachal@gmail.com



#### About Us

We are dedicated to providing the ultimate pampering experience for all of our clients. Our skilled therapists use only the finest products and the latest techniques to ensure that every' visit leaves you feeling refreshed & rejuvenated. Our services include full body massage, facials, hand and foot treatments and more

#### **OUR THERAPIES AND MASSAGES**

- Full body massage includes head to toe
- Shirodhara
- Ayurveda Facial Whole Body
- Medicated Steam Bath



### COMBINATION OF MEDICATED OILS AS PER THE SEASONS

S. No.	Therapies	Duration	Cost	Offer price
1.	Aroma Oil Massage	60 min	1500/-	1200/-
2.	Badam Rogan Oil Massage	60 min	2000/-	1600/-
3.	Coconut Oil Massage	60 min	1500/-	1200/-
4.	Cream Massage	60 min	3000/-	2500/-
5.	Olive Oil Massage	60 min	1700/-	1500/-
6.	Herbal Paste Massage	45 min	1600/-	1300/-
7.	Ayurvedic Massage	60 min	1600/-	1400/-
8.	Kids Massage	30 min	900/-	700/-





## FULL BODY RELAXATION THERAPHIES

<b>S.</b> N	o. Therapies	Duration	Cost	Offer price
1.	Massage & Facial	75 min	2500/-	2200/-
2.	Massage & Shirodhara	90 min	3500/-	3200/-
3.	Massage & Potli Swedan	60 min	1800/-	1500/-
4.	Massage, Shirodhara & Steam	1 hr. 45 min	3800/-	3500/-
5.	Choorna Potli Swedan	45 min	2000/-	1800/-
6.	Shordhara	40 min	2500/-	2200/-



## **BODY POLISHING (SCRUB, PACK AND STEM)**

<b>S.</b> N	o. Therapies	Duration	Cost	Offer price
1.	Fruit's (Full Body)	60 min	3500/-	3000/-
2.	Fruit's (Half Body)	40 min	2400/-	2000/-
3.	Cream's (Full Body)	45 min	3000/-	2500/-
4.	Cream's (Half Body)	45 min	2000/-	1500/-
5.	Herbal Scrubs & Pack	60 min	2500/-	2000/-
6.	Navara	45 min	2500/-	2000/-





## FACIALS

S. No.	Therapies	Duration	Cost	Offer price
1.	Kumkumadi Facials	40-60 min	1800/-	1500/-
2.	Cucumber Facials	40-60 min	1400/-	1200/-
3.	De-Tan Facials	40-60 min	1500/-	1300/-
4.	Fruit Facials	40-60 min	1500/-	1300/-
5.	Njavara Facials	40-60 min	1600/-	1400/-
6.	Ayurvedic Facial	60 min	1300/-	1200/-

S. N	o. Therapies	Duration	Cost	Offer price
1.	Head Massage	20 Min	700/-	500/-
2.	Head & Face Massage	30 Min	900/-	700/-
3.	Head & Shoulder Massage	30 Min	900/-	700/-
4.	Face Massage	20 Min	500/-	300/-
5.	Head Shoulder & Back Massage	e 45 Min	1500/-	1200/-
6.	Head Shoulder & Face Massage	40 Min	1300/-	1100/-
7.	Back Massage	30 Min	900/-	700/-
8.	Foot Massage	30 Min	900/-	700/-
9.	Head Foot & Shoulder Massage	e 45 Min	1500/-	1300/-
10.	Half Potli Swedan	30 Min	1200/-	1000/-
11.	Nasyam	30 Min	700/-	500/-
12.	Feet Massage	20 Min	800/-	600/-

THE LEAF – AYURVEDIC WELLNESS BY THE GRAND MACHAL

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